

NOVEMBER, 2022



HARDISTY HAPPENINGS

WWW.HARDISTY.CA | 780-888-3623 | OFFICE: 9 AM - 4:30 PM | 4807-49 ST

Would you like to see your event listed in our newsletter and our website or announced on our Facebook and Twitter accounts? Email upcoming events to payments@hardisty.ca no later than the 29th of the preceding month.



Bobbi Usselman, CAO



We are starting to gear up for a very busy holiday season in the Town of Hardisty! Watch for announcements and posters for all the activities kicking off a very busy next couple months! The Festival of Trees is returning, the Annual Christmas Market is on November 25th, and the Town-wide Christmas Party on December 10th! Holiday season celebrations will be in full swing in our little town. 😊

The Flagstaff Health Attraction and Retention Committee is working hard at getting organized to start official processes to attract and retain all health care workers in our county. By working together we hope to create a location in Alberta that is inviting and welcoming. Nurses have toured our great town, and we are patiently waiting, with all of you, to be able to celebrate the day that the hospital opens the emergency department once again. AHS assures us that is their intent,

Bill Payments

When paying bills by eTransfer please include your account number in the comments.

St. Paul's United Church News

Church services at 10:00 AM
Everyone Welcome. St. Paul's Drive through beef supper, Nov. 7, 5-7 PM.
Purchase tickets by Nov. 1 at various businesses in Hardisty. Look for our Christmas light-up display on Nov. 25.
Christmas Eve service at 9:00 PM at the church.

Citizen of the month

If you know of an individual or business, that you would like to appear in the monthly newsletter for contributing to the community in some way, please email your nomination to bobbi@hardisty.ca

and they are committed to seeing that day come to be.

Reminding you all to take a moment on November 11, and every day, to remember and honor our heroes for their service. Services will be held at the Hardisty Legion at 10:30 am on November 11, 2022 for all to attend.

Lest we Forget
 Bobbi Usselman
 Town of Hardisty, CAO



Remembrance Day

11 NOVEMBER

In Flanders Fields

poem by Lieutenant Colonel John McCrae, 3 May 1915

In Flanders fields the poppies blow
 Between the crosses, row on row,
 That mark our place; and in the sky
 The larks, still bravely singing, fly
 Scarce heard amid the guns below.

We are the Dead. Short days ago
 We lived, felt dawn, saw sunset glow,
 Loved and were loved, and now we lie,
 In Flanders fields.

Take up our quarrel with the foe:
 To you from failing hands we throw
 The torch; be yours to hold it high;
 If ye break faith with us who die
 We shall not sleep, though poppies grow
 In Flanders fields.

lest we forget



Neighbours, Friends and Families for Older Adults and all community citizens

How You Can Identify Abuse and Help Older Adults at Risk

What You Can Do to Keep Yourself Safe From Abuse

It's Not Right!

BROUGHT TO YOU BY:

TUESDAY November 22nd 10:30 am-2:00 pm
LUNCH PROVIDED
By Mad P Latter Catering Christmas buffet
Sun Beam Drop In Centre-- Daysland Main Street

MORE INFO:
director@flagstaffcs.ca

FACILITATED BY: LORETTA KROEKER
 Case Manager for Rural Elder Abuse Prevention Coalition (REAP)

TOPICS COVERED:
 What is abuse
 How can you recognize abuse
 Who are the abusers
 Who is at risk
 Staying safe
 Warning signs
 If you are being threatened
 What you can do
 Safety Planning



If you're interested in trying the fun Olympic sport of curling, now's your chance!

The Hardisty Curling Club would like to help you take that first step – for FREE, no obligation!

You're invited to take part in our Open League – ALL ages welcome!

- November 9th
- November 10th
- November 15th
- November 16th

7pm, Come one or all nights to give it a go!

Brooms and sliders available – all you need is clean indoor shoes.

Hope to see you there!

****League Registration Night – Oct 26th @7pm****



APARTMENTS FOR RENT IN HARDISTY: Fully Furnished, Sat TV, Wi Fi, Double Bed, Full Bathroom, Microwave, ALL Utilities Included in Rent, Smoking Outside ONLY, NO Pets, Located 14kms North of Hardisty on Hwy 881 and Corner Ross Hinkey Road at Rolling Hills RV Park. Rent \$800 Month, DD \$300. 780-888-7770 or 780-888-6750



Alberta Provincial Family Resource Networks
CAMROSE FAMILY RESOURCE CENTRE
Triple P For every parent

Family Transitions

Group Triple P

A program designed to help parents make the transition through separation or divorce

Transitions Triple P, gives parents tools to prevent/manage stress, anger, child's behaviour/emotional problems as well as conflict; by enhancing knowledge, skills and confidence of parents to make a smooth transition

Light Supper & Childcare Provided

Program can be offered in individual sessions

WHAT TIME	WHEN	WHERE
5:30 pm - 7:30 pm	October 11, 18 25 November 1, 8 *5 Sessions	Camrose Family Resource Centre 4823 51 st

Register via zoom link or QR code. If you have any questions contact Daneille at 780 672 0141 or d.ostafichuk@camrosefrc.com

MY TWEEN AND ME

- FOR FAMILIES WITH CHILDREN 7-12 YEARS
- BUILDING SELF-ESTEEM IN PRE-TEENS,
- STRENGTHENING CONFIDENCE IN PARENTS.

MEET ONCE A MONTH BUILDING & STRENGTHENING YOUR RELATIONSHIP WITH YOUR TWEEN.

TUESDAYS 5:30-7:30

SEPTEMBER 27
GETTING TO KNOW MY TWEEN

OCTOBER 25
HEALTHY DEVELOPMENT

NOVEMBER 29
FAMILY RELATIONSHIPS

DECEMBER 13
EFFECTIVE COMMUNICATION AND DISCIPLINE

JANUARY 31
PEER RELATIONSHIPS

FEBRUARY 28
LIFE AT SCHOOL

MARCH 28
TODAYS WORLD

APRIL 25
BUILDING COMMUNITY



SUPPER PROVIDED
ALL PROGRAMS AND SERVICES ARE FREE

FOR MORE INFORMATION OR TO REGISTER CLICK LINK OR CALL 780 672 0141 OR VISIT OUR WEBSITE WWW.CAMROSEFRC.COM




Triple P For every parent
CAMROSE FAMILY RESOURCE CENTRE
Alberta Provincial Family Resource Networks

COPING WITH TEENAGERS EMOTIONS

Take the guess work out of parenting teens

Join us as we discuss and pick up new ways to manage our teens ups and downs.

November 18 12:00pm- 2:00pm
Join in person or online
Light Lunch provided

To register follow link or call: 780 672 0141
email: d.ostafichuk@camrosefrc.com
4823-51 Street
www.camrosefrc.com



<https://us02web.zoom.us/j/8122222222?pwd=MTI0aGZkdUJkZGp5Pns1bWp1Skd7G6ZlZ2V>

St. Paul's

Drive Thru Beef Supper



Monday, November 7, 2022

Hardisty Community Hall

Pick-up will be from 5:00 PM—7:00 PM

Supper will be:

- ⇒ Roast Beef
- ⇒ Baby Potatoes
- ⇒ Gravy
- ⇒ Vegetable
- ⇒ Bun
- ⇒ Coleslaw
- ⇒ Pie

Please purchase tickets by November 1, 2022

Tickets are \$17.00 each

Available at:

- ⇒ The Drugstore
- ⇒ Home Hardware
- ⇒ Hardisty Laundry
- ⇒ Lakeview Liquor
- ⇒ Rustic Stars
- ⇒ R&R Inn (Corner of 881 & 13)
- ⇒ [REDACTED]





YOU'RE INVITED TO OUR

TOWN CHRISTMAS PARTY

DECEMBER 10, 2022
HARDISTY COMMUNITY HALL
MUSIC BY THE RIVERJACKS

Cocktails: 530pm - 630pm

Supper: 630pm - 730pm

Cost: \$50/person or \$400/Table

Bottle of Wine with Purchase of Table.

All tickets must be prepaid.

Best Dressed Table Prize

Tickets available at Town Office





Christmas market

NOVEMBER 25

4-9PM

HARDISTY COMMUNITY HALL

\$20/TABLE

Contact Anita Miller

780-888-7305

Town Businesses
Open Late

Supper
at Hall 5-7pm

Free Skating
at Arena 4-8pm

Festival of Trees Voting
at the Hall



DAYSLAND PALACE THEATRE

Movie Line (780) 673-1325 or

www.palacetheatre-daysarts.ca or

follow us on Facebook @ Daysland Palace Theatre

SHOW TIMES: ALL EVENING SHOWS 7:30

Tickets : Adults \$9, Seniors \$7, Students \$7, Children 3 - 11 \$5

Nov 4th & 5th @ 7:30pm, Nov 6th Sunday Matinee @2:00pm

Lyle Lyle Crocodile Comedy/Family: G

Starring: Javier Bardem, Shawn Mendes

Follows the title reptile who lives in a house on East 88th Street in New York City. Lyle enjoys helping the Primm family with everyday chores and playing with the neighborhood kids but one neighbor insists that Lyle belongs in a zoo. Mr. Grumps and his cat, Loretta, do not like crocodiles, and Lyle tries to prove that he is not as bad as others might first think.

Nov 11th -13th

Amsterdam Comedy/Drama: 14A (substance abuse)

Starring: Christian Bale, Margot Robbie, Chris Rock, Mike Myers

In the 1930s, three friends witness a murder, are framed for it, and uncover one of the most outrageous plots in American history.

Nov 18th – 20th

Mrs. Harris goes to Paris Comedy: PG

Starring: Leslie Mannville, Isabelle Huppert, Lambert Wilson

A widowed cleaning lady in 1950s London falls madly in love with a couture Dior dress, and decides that she must have one of her own.

Reel Alternative: Monday Nov 21st & Wednesday Nov 23rd

Donkeyhead: 14A

Starring: Kim Coates, Agam Darshi, Sandy Sidhu

An exhausted author single handedly balances writing a novel, with 24/7 caregiving for her terminally ill parent all while her older siblings offer only misguided opinions, a complete lack of understanding & zero actual help.

Nov 25th-27th

Ticket to Paradise Comedy: PG

Starring: Julia Roberts, George Clooney, Lucas Bravo, Billie Lourd

A divorced couple teams up and travels to Bali to stop their daughter from making the same mistake they think they made 25 years ago.

“SEE YOU AT THE MOVIES!”



NOVEMBER EVENTS CALENDAR

www.hardisty.ca/town/calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Library Open 11:00 AM Thrift Store 1:30 PM Fire Practice 7:00 PM	2 Library Open 1:00 PM Thrift Store 1:30 PM	3 Library Open 11:00 AM Thrift Store 1:30 PM	4 Library Open 1:00 PM	5 Library Open 1:00 PM Thrift Store 11:00 AM
6	7 Garbage Pick Up 8:00 AM St. Paul's Supper	8 Library Open 11:00 AM Thrift Store 1:30 PM	9 Library Open 1:00 PM Thrift Store 1:30 PM Curling Open League	10 Library Open 1:00 PM Thrift Store 1:30 PM Curling Open League	11 Library Open 1:00 PM Remembrance Day Service at Hardisty Legion 10:30 AM	12 Library Open 1:00 PM Thrift Store 11:00 AM
13	14 Garbage Pick Up 8:00 AM	15 Library Open 11:00 AM Thrift Store 1:30 PM Fire Practice 7:00 PM Curling Open League	16 Library Open 1:00 PM Thrift Store 1:30 PM Curling Open League	17 Library Open 11:00 AM Thrift Store 1:30 PM	18 Library Open 1:00 PM	19 Library Open 1:00 PM Thrift Store 11:00 AM
20	21 Garbage Pick Up 8:00 AM	22 Library Open 11:00 AM Thrift Store 1:30 PM	23 Library Open 1:00 PM Thrift Store 1:30 PM	24 Library Open 11:00 AM Thrift Store 1:30 PM	25 Library Open 1:00 PM Christmas Market	26 Library Open 1:00 PM Thrift Store 11:00 AM
27	28 Garbage Pick Up 8:00 AM	29 Library Open 11:00 AM Thrift Store 1:30 PM	30 Library Open 1:00 PM Thrift Store 1:30 PM	Library Open 11:00 AM Thrift Store 1:30 PM		

COFFEE TIME

Monday to Friday
8:00 - 10:00 a.m.
Seniors Drop In Center
All Ages Welcome

THRIFT SHOP

The Hardisty Thrift Shop is open three days a week to serve the community and surrounding area.
Tuesday, Wednesday, Thursday
1:30 - 4:30 p.m.

ELKS BINGO

SUNDAYS at the Elk's Hall
Doors Open 6:00 PM
Bingo Starts 7:00 PM



Alberta Provincial Family Resource Networks

Fear Less Triple P

Reducing Anxiety in Children & Teenagers

Being a Parent to a child/teenager who is experiencing anxiety can be tough. Join us in a 90 minute session, where together we will discuss strategies and tools to support your child in being better able to cope with anxiety. Choose from either an in person or virtual session, daytime or evening.

Thursday December 8th 12:00 - 1:30 (in person) or 8:00 - 9:30 via zoom



Register via the zoom link, QR Code, or contact Jolene at 780 672 0141 for questions.



Wellness Exchange Free Workshops



Who: Anyone interested in improving their skills to cope with change, manage daily stressors, and increase their overall well-being.

What: Five different skill-building workshops – one topic per workshop. Attend any topic that interests you or attend all five.

Where:
Online or in person
Light Lunch provided

When: Wednesdays 12:00pm - 1:00pm

- November 16, 2022 Problem-Solving
- November 23, 2022 Positive Activities
- November 20, 2022 Managing Reactions
- December 7, 2022 Helpful Thinking
- December 14, 2022 Healthy Connections

Registration: Follow link:
<https://us02web.zoom.us/join/91012022000>

Questions: or to register Call: 780 672 0141 or Email: d.ostafichuk@camrosefrc.com



Workshops are facilitated by AHS staff in partnership with community agencies. Workshops are open to anyone. They are not group therapy nor are they a substitute for the advice of a qualified health professional.



Version: 02-2021-09. © 2021. Alberta Health Services. Email: AHSWellnessExchange@ahs.ca

2022 Development Permits Issued

L = Lot; B = Block, P=Plan

Permit No 2022-001(MPC)

L24, B26, P172 0652 - Stand Alone Digital Sign

Permit No 2022-002

L38, B1, P072 9501 - To Build a roof over the existing front deck, shingle cabin, build landing & step to washroom, clear trees and level uneven ground to build a 12' x 20' deck for a 10' x 12' metal gazebo

Permit No 2022-003

L27A, B27, P862 1005 - 6' Wood Fence

Permit No 2022-004

Permit No 2022-005

Permit No 2022-006

Permit No 2022-007

Permit No 2022-008

L10-12, B2, P945R - Placement of cement barricades on sidewalk

Permit No 2022-009

L2, P752 0094 - Roof on existing deck

Permit No 2022-010

L25, B12, P76U - Remove modular home

Permit No 2022-011

L 1-3, B12, P76U - Front landing with wheel chair Access

Permit No 2022-012

NATURE TRAILS - Upgrade walking trails

Permit No 2022-013

L4&5, B13, P76U - Pour concrete slab to relocate storage shed

Permit No 2022-014

L26, B27, P922 2256 - Build Wood Fence

Permit No 2022-015 (MPC)

L4, B8, P945R - Operate Day Care

Permit No 2022-016

L7, B25, P7520527 - Operate Day Home



Remembrance Day Service

November 11, 2022 at 10:30 AM
at the Hardisty Legion



Flagstaff Food Bank Reverse Advent Calendar — a great family project!

Each day add an item to a box . . . after November 30th, donate the contents to the food bank

- November 1 – canned fruit
- November 2 – ketchup, mustard, relish or mayonnaise
- November 3 - canned tomatoes
- November 4 – Ground coffee, instant coffee or tea
- November 5 – canned corn
- November 6 – Box of cold or hot cereal
- November 7 – Shampoo or conditioner
- November 8 – Canned Soup
- November 9 – Dish soap
- November 10 -Pancake mix
- November 11 -Pancake syrup
- November 12 -Canned mushrooms
- November 13 -Soup Crackers
- November 14 -Toothpaste
- November 15 -Kraft Dinner
- November 16 -Peanut Butter
- November 17 -Jam
- November 18 -Mr. Noodles Soup package
- November 19 -Honey
- November 20 -Stove Top stuffing
- November 21 -juice boxes for children
- November 22 – Hamburger helper
- November 23 -snack packs for childrens' school items (puddings, fruit)
- November 24- flakes of turkey, ham, chicken
- November 25 – cooking oil
- November 26 – Sandwich bags
- November 27 - vinegar
- November 28 – pet food: canned or dry
- November 29 – pie filling
- November 30 - cookies

Drop off box at Flagstaff Food Bank on Dec 1: 5014 46 street Killam: from 3 to 6 pm (780-385-0810) or drop off at FFCS (4809 49th avenue Killam) phone 780-385-3976 to make arrangements

Flagstaff Food Bank

2022 Christmas Sharing Application form: call 780-385-3976 for more information

Please note ** pick up location Flagstaff Family and Community Services Building in Killam

FFCS: 4809 49th Avenue Killam. Pick up in 2022 by appointment only (you will be contacted so a current working phone number is very important) between Monday November 28th and Friday December 16th, 2022

Once again, the Flagstaff Food Bank will be coordinating the Christmas Sharing Program. If this community project would benefit you and/or your family this year, please allow us to accommodate your needs by providing us with the necessary information on the reverse side.

We encourage all requests to be submitted by **Friday November 25th, 2022**. Please submit as early as possible to help out our volunteers.

This year we will be handing out monetary coupons. This will allow recipients to make their own choices for the purchase of food and some gifts from local Flagstaff businesses. The number of coupons will differ by household, depending on family size.

All information provided will be kept strictly confidential.

Your Christmas sharing package will be available for pickup by appointment only between Monday November 28th, 2022 and Friday December 16th, 2022, at the Flagstaff Family and Community Services Building in Killam at 4809 49th Avenue 780-385-3976. You will be contacted to make an appointment so a phone/contact number is very important

Flagstaff Christmas Sharing Program

Please Mail to: **Flagstaff Christmas Sharing Program** or **Phone: 780-385-3976**
 Box 352
 Killam, AB T0B 2L0

This program is for **Flagstaff Region Residents ONLY** and this form must be returned
 by **Friday November 25th, 2022**

Name	
Place of Residence: street address, box number, legal land description	
Telephone	

Family Information—for members of Family **residing** at the above address

Name:	Gender:	Age:
Name:	Gender:	Age:
Name:	Gender:	Age:
Name:	Gender:	Age:
Name:	Gender:	Age:
Name:	Gender:	Age:
Name:	Gender:	Age:
Name:	Gender:	Age:
Name:	Gender:	Age:

Do you have access to a vehicle? YES NO If not who will pick up your Christmas package? _____ their phone number _____ or do you want us to mail it to you: Mailing address _____

Christmas Sharing Pick up is by **Appointment Only** at the FFCS office in Killam at 4809 49th Avenue. The contact number is **780-385-3976** and you will be contacted to make an appointment for pick up between Monday November 28th and Friday December 16th.

The 3rd Annual
#LOCAL HEROES 2022
 & 7th Annual
CHARITY CHECKSTOP
 will run the week of
November 26 to December 3rd
 ending Saturday, Dec. 3
 with the Checkstop

SAVE THE DATE!



18" x 24" Yard Signs for \$20!

To purchase yours, email: flagstaffvsu@gmail.com by Wednesday, November 2
 And as always, there's a fabulous **Grand Prize** for those who share their **Explosion of Blue!**

Tell us: Who is your local hero, and why?
Send us your letter or email!
One special hero will be honoured and recognized with a plaque, in The 'Press, and on social media.
 Help us Salute our local heroes by showing off your sign, and/or lighting your home, yard, or business blue!
 Mark the date, and get ready to show off your creativity!
 Light up starting the week of November 26, and share your photos with us by Dec. 3rd!
 #LocalHeroes2022 #FlagstaffCounty



Anyone can Fall



Prevent it from happening to you
www.findingbalancealberta.ca

November is Falls Prevention Month

20-30% of seniors will have a fall this year!

40% OF ALL NURSING HOME ADMISSIONS ARE A RESULT OF FALLING

95% OF ALL HIP FRACTURES ARE A RESULT OF FALLING

It's never too late to learn more about what you can do to reduce your risk of having a fall.

Have your vision checked, review your medications with a doctor or pharmacist, wear supportive and anti-slip devices.

You are invited to attend a *free* workshop and community demo by AHS Kinesiologist, Dietician, Lifeline and more....

Hardisty Library 5027 50 St

10:30-12:00 PM

November 10th, 2022

Drop-in and Bring a Friend

Call (780) 888-3947 or (780) 385-3712

hardistylibrary@prl.ab.ca